### A VERY DIFFERENT KIND OF PROGRAM

- Developed in collaboration with CSIRO
- Exclusively available through pharmacies providing professional advice and personalised consultations
- Nutritionally advanced meal replacement products
- Simply Well recipe book, incorporating high protein recipes for successful weight loss
- Regular health reviews and reports
- Smartphone App to help you keep track of your weight loss and provide virtual support between visits with your consultant.





Biotech Pharmaceuticals Pty Ltd. 83 Cherry Lane, Laverton North, Victoria 3026 Free call\* 1800 608 511

www.impromy.com

\*Free call for fixed line phones only, calls from mobile phones may incur charges.

### IMPROMY HEALTH AND WEIGHT LOSS PROGRAM





### WELCOME TO SUSTAINED WEIGHT LOSS

The Impromy program has been developed to provide support and assist you to achieve your weight loss goals and improve your health. This is a unique program exclusively available through pharmacies where you will be supported by trained staff who will guide you through all aspects of the program and help you to achieve your weight loss and related health goals.



## REAL SUPPORT WITH REGULAR HEALTH REVIEWS AND REPORTS

Health reviews are conducted throughout the program and measured at day one; one month; three months; six months and twelve months. Your Impromy program consultant will monitor your weight, blood pressure, cholesterol and glucose levels. These are all key indicators of your health that can be improved with better diet, exercise and weight loss.

#### **GETTING STARTED IS EASY**

To get started, visit your pharmacy and make an appointment for your personalised consultation. If you would like more information, take a look at the Impromy website at www.impromy.com and locate your nearest store or phone the Impromy helpline on 1800 608 511.

# AT YOUR FIRST VISIT YOU WILL RECEIVE YOUR MEMBERSHIP PACK, INCLUDING:

- Impromy program membership
- Simply Well recipe book
- · Impromy Guide to Getting Started
- Impromy Smartphone App access code
- Your initial health review report



### YOUR PHARMACY WILL GIVE YOU ONGOING ADVICE AND SUPPORT

It is recommended that you return every two weeks until you reach your goal weight however if you wish to come back more often you can visit weekly or whenever you need to top up your supplies of products.

# YOUR INDIVIDUAL PROGRAM CONSULTANT WILL HELP YOU REACH WEIGHT LOSS AND HEALTH GOALS

Your program consultant will guide you through every aspect of your weight loss journey and provide you with ongoing advice and tools to make your goals achievable.

#### These tools include:

- Tracking your progress at each visit
- Regular personalised consultations
- · Advice on recommended foods and drinks
- Regular health measures
- Discussing any questions or concerns you may have regarding the program

The Impromy Health and Weight Loss Program offers you a unique opportunity to reach your weight loss goals.

Talk to your friendly pharmacy staff about taking the first step or find more information at www.impromy.com or by phoning the Impromy helpline on 1800 608 511.