

ARE YOU *First Aid Ready?*



A first aid kit is an essential item for the home, workplace and vehicles. Check the contents of your kit regularly and ensure that:

- Items have been cleaned
- Packets are properly sealed
- Items have not exceeded expiry dates
- Previously used items have been replaced

Basic first aid kit items

- Non-stick wound dressings
- Adhesive strips e.g., Band-aids
- Combine & eye pads
- Gauze swabs
- Alcohol & antiseptic swabs
- Triangular bandages
- Crepe bandages
- Disposable hand towels
- Stainless steel scissors
- Blunt-nosed shears
- Saline solution
- Safety pins
- Plastic bags
- Stainless steel tweezers
- Thermo/shock blanket
- Notepad & pencil
- Disposable nitrile gloves
- Bite & itch relief gel
- Cold pack (disposable)
- CPR protection mask

Additional products

- Antiseptic cream
- Laxatives
- Analgesic tablets
- Allergy preparations
- Anti-nausea preparations
- Anti-diarrhoea preparations
- Sunscreen, sunburn-relief
- Ear ache drops
- Eye drops
- Cotton buds
- Fingers stalls
- Medicine measuring cup
- Thermometer
- A blue asthma inhaler (if permitted).
- In a medical emergency call **Triple Zero (000)**
- DRSABCD: Danger - Response - Send for help - Airway - Breathing - CPR - Defibrillation**

If you have an acute wound such as a minor burn, skin tear, laceration, abrasion, or a post-operative wound, **your 777 Pharmacist is here to support you.**